GCNA December District Meeting

Tuesday December 3, 2019
5:00 PM – 8:00 PM
100th Bomb Group
20920 Brookpark Rd, Cleveland, Ohio 44135

Workplace Violence, Bullying, and Incivility: What Can be Done?

Presented by
Rebecca Patton, DNP, CNOR, FAAN
Rachel Zielinski, RN
Khaliah Fisher-Grace, PhD(c), MSN, RN, CPHQ, PCCN-K

Rebecca M. Patton is the inaugural holder of the Lucy Jo Atkinson Professorship in Peri-operative Nursing at CWRU Frances Payne Bolton School of Nursing. Patton created the nation’s first perioperative mandatory requirement for the BSN curriculum. She is a two-term Past President of the American Nurses Association (ANA). In 2009 and 2010 she was distinguished as modern health care’s top 100 most influential people. Her faculty interests are leadership, health policy, management, quality and safety, nursing workforce issues, and team behavior.

Rachel Zielinski is a graduate of Cuyahoga Community College. She has worked as an ED nurse at St. Vincent Charity Medical Center in Cleveland since 2007 with additional experience in medical telemetry, hospice, and the cardiac surgical unit. She currently serves as the secretary of the Professional Practice Unit at St. Vincent. Previously she served as the vice president and has worked to successfully negotiate two contracts.

Khaliah Fisher-Grace is a GCNA Past President and currently serves as Senior Quality Improvement Nurse, UH Cleveland Medical Center. She is the Principal Advisor of Accreditations for UHCMC where she leads compliance with regulatory efforts and chairs the health systems policy oversight committee. She earned her BSN and MSN (Healthcare Management) from Kent State University and is a PhD Candidate at Duquesne University. She has supported victims of sexual assault as a Hotline Advocate for the Cleveland Rape Crisis Center since 2014.

This program will focus on recognition of bullying, violence and incivility, strategies to combat, and steps to create a culture of respect in the workplace.

Register at GCNA@CLEVELANDNURSE.ORG or 216-771-6922
Cash or check payable at the door.

This program has been submitted to the Ohio Nurses Association for approval to award contact hours. The Ohio Nurses Association is accredited as an approver of continuing nursing education by the American Nurses Credentialing Center’s Commission on Accreditation. (OBN-001-91).
ONa Convention Thoughts – Division and Unity by Lucinda Cave

If the pre-convention phone calls to discuss reference proposals and bylaw changes were any indication, this ONA convention could shape up to be quite divisive. Districts? Or regions? Or districts and regions? Economic and General Welfare (E&GW)? Or non-E&GW? And yes, there were differences and opposing viewpoints, but these differences led to thoughtful questions, discussion, clarification and wording changes. Bylaws were amended. Reference proposals were passed. ONA priorities were set, and all was carried out under strict Robert’s Rules of Order and the guidance of our parliamentarian. The work got done with a final “We’re all nurses.” We all want the best for our patients, our students, the district nurses we represent, and all those we care for.

At the Awards Dinner on Saturday evening, further nurse unity was evident when Brian Burger, ONA President, bestowed a special award to the family of the late Beth Jasper RN. Ms. Jasper was killed when her car left the road and hit a tree after she’d worked a 12-hour night shift. This was after she’d already worked months of extra shifts due to chronic understaffing at her hospital. Her teenage daughter poignantly described her mother’s life, of often putting her patients’ needs before her own, which led to her ultimate tragedy. To various extents, many nurses could identify with similar feelings at some points during their careers.

Then, midway through Sunday’s sessions, we experienced another wave of unity while watching a video which captured some of what Beth Jasper must have felt, ‘Moral Injury’. Moral Injury names the negative feelings we suffer when we can’t care for patients the way we know they need, due to outside forces beyond our control - staffing needs for instance.

It fits with some of the other messages we heard at the convention. For example:

- Dr. Linda Aiken proclaimed that “There is no nursing shortage.” Just a shortage of nurses who refuse to work in poorly-staffed settings which result in worse patient outcomes.
- ONA will be working with Ohio Congress-man Don Manning to establish safe nurse staffing legislation.
- And Ohio Nurses Foundation announced a massive research effort to focus on the concept of Moral Injury. In fact GCNA Delegates contributed $2850 during convention to support the research and challenged other ONA districts to contribute.
- Dr. Aiken emphasized, “Safe staffing works,” and cited many studies which point to improved patient and nurse workforce outcomes. Improved outcomes – an area on which all Ohio nurses can embrace unity.

Happy Holidays to you and your family,

Meghan Ramic

ONA House of Delegates Adopts MAID Proposal

GCNA submitted reference proposal 7, Support of Grass Roots and Legislative Initiatives to Improve Patient Access to Medical Aid in Dying (MAID), to be considered during the Ohio Nurses Association’s 2019 Convention, 2020 Vision. This proposal built upon the 2019 Revised ANA Position Statement entitled, The Nurse’s Role When a Patient Requests Medical Aid in Dying, which recommends in part that nurses:

- Remain objective when discussing end-of-life options with patients who are exploring medical aid in dying.
- Have an ethical duty to be knowledgeable about this evolving issue.

Currently, Ohio does NOT have a law, but one in five Americans has access to this option in other states. This means that nurses in Ohio may be asked about MAID and they need to understand the law and be equipped to accurately discuss end-of-life care options currently available.

On October 13, 2019, 62% of the delegates in attendance voted in favor of the following recommended actions:

- ONA will collaborate with organizations who provide education to the public about Medical Aid in Dying (MAID).
- ONA will formally support legislation to protect the right of dying patients to control the circumstances and conditions of their death.
- ONA will provide resource material and continuing education to nurses regarding the nurse’s role in caring for patients regarding MAID or any form of treatment limitation.

Thank you to GCNA delegates Lisa Vigil Schattinger, Ildiko Yuryev, and Drs. Barbara Daly, Rebecca Patton, and Maryjo Prince-Paul for championing this proposal.
Congratulations ONA 2019 Awardees

Mary A. Dolansky, PhD, RN, FAAN received the ONA 2019 Research Award. She is an accomplished nurse researcher and is nationally recognized in the areas of cardiac rehabilitation, geriatrics, and quality improvement. Her recent work has focused on quality and safety, both in leadership in the QSEN Institute and in teaching an interdisciplinary course to health professionals. She has a consistent record of dissemination of findings, with more than 70 publications as first author or co-author, and numerous national and international presentations. Dr. Dolansky currently is the principal investigator of a project, funded by the Hartford Foundation, that is a collaboration between the Frances Payne Bolton School of Nursing’s nurse practitioner program, the Institute for Healthcare Improvement, and the CVS Minute Clinic. The project aims to improve the continuity of care. The latter is the essence of nursing and the element of success for the participant for two appointment to develop a personalized and realistic exercise program. The public health nurse monitored progress and provided individual counseling and continuity of care. The latter is the essence of nursing and the element of success for the program.

Kathleen Koviak, BSN, RN received the ONA 2019 Staff Nurse Award. She is a Public Health Nurse III with the City of Cleveland. “Steps to a Healthier Weight Program” came to fruition when Koviak recognized that overweight women who become pregnant, more often than not, have overweight babies. Because none of the clinic sites have any community exercise facilities, but recreation centers were free to the communities they serve, collaboration was obvious. Women receiving reproductive health care were offered the opportunity to reach healthier weights before pregnancy. The health department contracted with a personal trainer who met 1:1 with each participant for two appointment to develop a personalized and realistic exercise program.

ONF Cornelius Congress 2019 Inductee

Dorothy Alice Cornelius was Executive Director of the Ohio Nurses Association 1957-83, President of the International Council of Nurses from 1973-77, President of the American Nurses Association from 1968-70, and President of the American Journal of Nursing Company from 1967-68. She is the only person to have held all those positions. She believed that one nurse could make a difference, proving it through her own life’s work.

Lucinda Cave, GCNA member, is one of two 2019 Cornelius Congress Inductees. In years past, she served on the GCNA Board of Directors as Director - Education and has expertise on Professional Development in Nursing. Cave has ongoing impact as a GCNA ONA Convention Delegate, and is a member of the both the ONA Continuing Education Council and Environment and Health Caucus. Recently, she participated in the caucus effort to visit the Ohio Statehouse to discuss environmental health issues with legislators. She is a regular contributor to the Ohio Nurse and Ohio Nurses Review and has been on the planning committee for the ONA Nurse Wellness Conference since its inception. She was recently appointed to the Ohio Board of Nursing Advisory Council for Continuing Education. She evaluates the impact of her spoken and written word to maintain professionalism, while creating a positive spin on any given issue. As a seasoned nurse, now retired, she has maintained a level of involvement to be admired.

More GCNA Delegate Convention Thoughts

Hello Fellow GCNA members! My name is Rachel Zielinski and I am a bargaining unit member at St. Vincent Charity Medical Center. I also attended the ONA Convention as a delegate from GCNA last month. It was a wonderful and eye-opening experience.

As a bargaining unit member and officer, I had some animosity toward GCNA because I always felt that the St. Vincent nurse was pushed to the side. This all fell by the wayside after meeting with the delegation in September and at convention. I saw that currently there is a line “in the sand” between the bargaining unit membership and the non-bargaining unit membership of the ONA, but not in our GCNA delegation.

We listened to what was important to each other and supported all the candidates from our delegation. I think this convention was a call to action for our membership in GCNA to be an example for the other districts in the state! Please come to the GCNA meetings. I know you will see me there!

ONA Officers

Congratulations to the following GCNA members elected to ONA offices and positions!

Carol Roe, 1st Vice President
Benitha Garrett, BOD Unstructured
Amber Miranda, BOD Structured
and AFT Delegate

Carollyn Sams, Nominating Committee
Greater Cleveland Nurses Association
13301 Smith Road, #42234
Middleburg Heights, OH 44130
www.clevelandnurse.org

President - Meghan Ramic, MSN, RN
President-Elect - Penni Lynn Rolen, PhD (c), RN
Vice President - Judith Beeler, MSN, RN
Treasurer - Barbara Daly, PhD, RN, FAAN
Secretary - Kathleen Kovjak, BSN, RN
Director-Administration - Janet Baker, DNP, RN
Director-Administration - Martha Allen, MSN, RN
Director-Education - Anna Goldman, MSN, RN
Director-Education - Colleen Sweeney, PhD, JD, RN, CNE
Director-Staff Nurse - Leslie Cooperman, BSN, RN
Director-Staff Nurse - Janterria Matthews, DNP, RN
Director At-Large - Clare Keiser, RN
Director At-Large - Amber Miranda, BSN, RN
Executive Director - Carol Sams, MSN, RN

Are you receiving both email and mail from GCNA?
If not, does ONA have your current contact information?
Don’t miss any news!
Please update at: www.ohnurses/members/

GCNA will host a Basket Raffle at the December District Meeting for the Boys and Girls Club of Cleveland Nursing Scholarship. Bring a basket donation and/or buy raffle tickets!!
For monetary donations, make checks payable to the Boys and Girls Club of Cleveland.

Providence House Crisis Nursery donations will also be collected.
www.provhouse.org/donate-online