

The VOICE



Greater Cleveland Nurses Association District Meeting
in collaboration with
Cleveland Council of Black Nurses and
Ohio League for Nursing - NEO Region

Tuesday, March 24, 2020
5:00PM – 8:00 PM
Holiday Inn Rockside
6001 Rockside Rd, Independence, OH 44131

Health Implications Related to Climate Change

Presented by Lucinda Cave

Lucinda Cave is retired from University Hospitals where she was a Clinical Nurse Specialist and a Professional Development Educator for many years. As an avid bike commuter and touring cyclist, she became interested in environmental health topics. In 2015, when ONA called out for members to work with Alliance of Nurses for Healthy Environments (ANHE) to help pass the Clean Power Plan, she eagerly signed up. She has been a member of the ONA Environment and Community Health Caucus, and has participated in ANHE activities ever since. In 2019 Lucinda became an ANHE "Climate Champion", and later, a "Climate Ambassador" for the organizations, Healthcare without Harm and Physicians for Social Responsibility. All three groups hope to educate health professionals about the health aspects of climate change and what we can do to lessen the harmful effects.

The Ohio Nurses Association is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation (OBN-001-91).

Register at GCNA@CLEVELANDNURSE.ORG

OR call or text GCNA at 216-771-6922

\$20 members and their guests, \$15 students, \$30 non-members

Cash or check payable to Greater Cleveland Nurses Association

Check out GCNA Social Media for the latest news!
www.clevelandnurse.org

Schedule:

- 5:00 PM – Social Hour, Dinner
- 6:00 PM - Business Meeting
- 6:30 PM – Program
- 8:00 PM - Adjournment

Cost:

- \$20.00 – Members and guests
- \$15.00—Students
- \$30.00 – Non-members
- \$10.00 - Meeting Only

Entrees:

- Citrus Chicken* with
Lemon Juice/Fruit Chutney
or
Grilled Eggplant with
Tomato and Onion Marinara

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Mark your Calendars!

2020 GCNA District Meetings

June 9, 2020 - Holiday Inn Rockside

September 15, 2020 - Hilton Garden Inn
Mayfield Village

December 8, 2020 100th Bomb Group

March 19-20, 2020 *ONA-GCNA Wellness Retreat*

April 24, 2020 *ONF Nurses Choice Luncheon*

May, 2, 2020 *GCNA BOD Retreat*

May 8, 2020 *Nurses Week Luncheon*

June 6, 2020 *YON GALA*

President's Message

GCNA Members and Friends,

2020 is an exciting year for nursing. Last year, the World Health Organization declared 2020 to be the Year of the Nurse and Midwife (YON) in celebration of Florence Nightingale's 200th birthday. As part of a large group of Northeast Ohio universities and colleges, hospital systems, health care providers, and professional nursing organization, GCNA has been working to help celebrate and honor the amazing work of nurses. Activities are planned throughout the year including daily celebrations of our peers through the sharing of our nursing stories. GCNA's work with MedWish was profiled on Day 43! Please see the YON website <https://www.yon2020neo.com> for details about upcoming events. Many are free!



Visit www.clevelandnurse.org to see the January 2020 YON Kick-Off Event feature article by Vida Lock.

Springtime is just around the corner. This is the season for rejuvenation and regrowth, a time for renewal as the days become longer, the sun brighter, and the Earth greener. GCNA has several upcoming events where you can come and recharge. March 19-20th is the 3rd Annual Nurse Wellness Retreat at Punderson Manor. This event is co-sponsored by GCNA and ONA and features our own Lucinda Cave. The March 24th GCNA District Meeting co-sponsored with the OLN – NE Ohio Region and the Cleveland Council of Black Nurses will focus on health implications related to climate change.

Meghan Ramic

GCNA Lifetime Achievement Award

On June 6, 2020, GCNA and Cleveland Magazine will host the 10th Annual Faces of Care YON GALA at Embassy Suites, Independence, OH. The "Faces of Care Lifetime Achievement Award" recognizes the contributions of a GCNA member who has influenced the nursing profession in a sustained and outstanding manner throughout their career. To be eligible, a nominee must be a current GCNA member in good standing, with a minimum of 10 years GCNA membership, and practiced professional nursing for a minimum of 20 years. Nominations must be made by a current GCNA member. Complete information is available online at www.clevelandnurse.org or by contacting GCNA at gcna@clevelandnurse.org or 216-771-6922. All nomination forms and required materials should be submitted electronically by April 30, 2020 as a complete .pdf to gcna@clevelandnurse.org for review by the Lifetime Achievement Award Committee.

2020 OFFICIAL BALLOT

Greater Cleveland Nurses Association - District 16

BOARD OF DIRECTORS

Vote for or write-in one in each category.

VICE PRESIDENT <input type="checkbox"/> Anna Goldman <input type="checkbox"/>	DIRECTOR EDUCATION <input type="checkbox"/> Catherine Mohney <input type="checkbox"/>
SECRETARY <input type="checkbox"/> Mary Beth Anderson <input type="checkbox"/>	DIRECTOR STAFF NURSE <input type="checkbox"/> Kathleen Koviak <input type="checkbox"/>
DIRECTOR ADMINISTRATION <input type="checkbox"/> Doricia Strickland <input type="checkbox"/>	DIRECTOR AT-LARGE <input type="checkbox"/> Janterria Matthews <input type="checkbox"/>

Nominating Committee

Vote for One in Each Category.

ADMINISTRATION <input type="checkbox"/> <input type="checkbox"/>	STAFF NURSE <input type="checkbox"/> Geraldine Pangrac <input type="checkbox"/>
EDUCATION <input type="checkbox"/> <input type="checkbox"/>	AT-LARGE <input type="checkbox"/> Sandra Levine <input type="checkbox"/>

Voting Instructions

All GCNA members who have an email address registered at ONA will receive a link to vote online by March 1, 2020.

If you choose to vote by mail, please be sure your ballot is postmarked by Friday, March 15, 2020.

Place and seal your ballot in an envelope marked **BALLOT**.

Put the ballot in the envelope addressed to:

Greater Cleveland Nurses Association
 13301 Smith Road, #42234
 Middleburg Heights, OH 44130

Include your return address on the envelope to ensure the ballot is counted.

BOARD OF DIRECTORS

V. President: Anna Goldman, MSN, RN-BC

SON/Degree(s): MSN-Nursing Administration, The University of Akron. **Present Position:** Northeast Ohio VA Medical Center. **ANA or ONA offices/committees:** ONA reference committee (January 2020-present). **District offices/committee:** BOD, Director Education, 2018-20. GCNA membership committee chair (January 2020-present). **Socio-civic activities:** President-elect, "Pentagon" - local affiliate of Nursing Professional Staff Development Association (August 2019-present). **Position Statement:** One of the most important issues facing GCNA in the next two years is working to advance diversity and inclusion. GCNA will move into the future stronger than ever and will make a positive impact by challenging the foundations of traditional thinking. One way to work on this issue is to strengthen the strategies currently in place as well as look for other opportunities. As an emigrant myself, I feel empowered to voice my views and concerns during GCNA board meetings. We must work to continue to introduce and empower diverse perspectives and foster creativity. For example, involve and highlight diversity during GCNA educational events consistently. Invite and partner with different groups of nurses. With advanced diversity GCNA can serve as a role model for others and become a larger representation of all nurses in our district.

Secretary: Marybeth Anderson, BSN

SON: ADN - Cuyahoga Community College; BSN - Cleveland State University. **Present Position:** Clinical Nurse (Seidman Cancer Center Float Pool), University Hospitals. **Patient Education Committee, University Hospitals.** **District offices/committee posts held:** GCNA Delegate to ONA convention: 2019. **Socio-civic activities:** Volunteer: USCRI (US Council on Refugees and Immigrants); Lakewood Division of Aging; Hospice of the Western Reserve. **Position Statement:** In the next two years, I believe it is crucial to increase our membership. After talking with my peers at University Hospitals, there is a need for more balanced representation in organizations like GCNA. Unfortunately, younger and/or less-experienced nurses seem hesitant to join us, since they are concerned about time and financial constraints. In order to help increase our numbers, I believe we should have more outreach activities and more community visibility. This could take the form of newsletters, postings of paper flyers on workroom corkboards, an increased social media presence (e.g., Facebook, Instagram, etc.), and more word-of-mouth from nurses like ourselves.

Director Administration: Doricia Strickland, MSN

SON/Degree(s): Western Governors University, MSN -Leadership and Management; Ohio University, BSN. **Present Position:** Assistant Nurse Manager, Cleveland Clinic Foundation. **Membership, offices and committees currently in other nursing organizations:** Lake Erie Chapter of the American Association

of Critical Care Nurses; AACN. **Socio-civic activities:** Aspire Mentorship program. **Position Statement:** I believe the most important issues facing GCNA are the need for mentors and new members. Having a mentoring program will allow GCNA members to be prepared for any and all nursing opportunities in the Greater Cleveland area. I would like work with the current GCNA members to create a program that allows nurses in Greater Cleveland the ability to find mentors that can assist with career path development and find professional development opportunities that will be useful to both new nurses and experienced nurses. However, this program would not be limited to career path development and professional development. I would like to market this program as being highly useful for nurses that are new to the area. This program would allow the GCNA to increase the number of active members.

Director Education: Catherine Mohney, MSN

SON: BSN - University of Toledo; MSN- Wayne State University. **Present Position:** Faculty, including Clinical Instructor, First Year Advisor and Advisor to the Undergraduate Student Nurses' Association. CWRU Frances Payne Bolton SON. **GCNA Positions:** President 1987-89, past VP and BOD. **Socio-civic activities:** National Alliance on Mental Illness member ; Christ Lutheran Church- council and committee work. **Position Statement:** I believe the most important issues facing GCNA are increasing membership, staying connected to the ONA Board of Directors, safe staffing and getting members to connect to our activities and mission. I am willing to work with others to solve mutual challenges. I would work on increasing our communication with members, area students and other Nursing professionals in the area. I would also be open to carrying on this year's enthusiasm for the 'Year of the Nurse'. I am wondering what we will learn through this and what we could continue into 2021.

Director Staff Nurse: Kathleen Koviak, BSN

SON/Degree(s) : BSN - CWRU-FPB. **Present Position:** Public Health Nurse III, City of Cleveland Department of Public Health **District offices/Awards:** GCNA Secretary 2018-20. 2019 ONA Staff Nurse Award. **Position Statement:** As a public health nurse of over 8 years, I strive to contribute to the prevention and, to the extent possible, the reversal of disease - particularly chronic diseases. It is important to integrate the promotion of health and wellness through lifestyle adaptations into the wide range of healthcare settings. I think we would begin by making GCNA contributions as representative as possible in terms of specialty. Nurses are the walking and talking examples to everyone in the community. We must take care of ourselves so that we can better help others. I think it would be beneficial to start a local GCNA initiative to help our members become healthier individuals as they help others.

Director At-Large: Janterrria Matthews, DNP

SON/Degree(s) : BSN - Cleveland State University, MEd - Cleveland State University, DNP - Loyola University New Orleans. **Present Position:** Clinical Assistant Professor-Nursing, Cleveland State University; Nursing Operations Manager, CCF. **District offices and committees:** Director Staff Nurse, March 2019-Present. **Membership currently in**

other nursing organizations: American Medical Surgical Association, Ohio League of Nursing.

Socio-civic activities: Faculty advisor for Multicultural Nursing Association of Nursing Students (MANS), CSU; Chair of Deans Diversity Committee, CSU; and Co-Chair of Undergraduate Curriculum Committee, CSU. **Position Statement:** It has been a pleasure to serve on GCNA board for one year and I have gained so much knowledge and support serving. I provided my experience as a delegate at 2019 Ohio Nursing Association (ONA) Convention. The benefit of making decisions and being included in driving the nursing profession forward has been well worth it. I plan to continue driving the nursing profession forward if elected to the board of directors. The important issue I see facing GCNA is continuing to recruit nurses as well making sure nurses are aware of the opportunities presented through GCNA. I will support the mission and the purpose of GCNA and the nursing profession.

NOMINATING COMMITTEE

Administration - OPEN

Education - OPEN

Staff Nurse: Geraldine Pangrac, RN

SON/Degree: Cuyahoga Community College – ADN. **Present Position:** RN, Chemical Addiction, St. Vincent Medical Center. **ANA or ONA and committee posts:** Committee for CEO Search and Selection, ONA Delegate to American Federation of Teachers 2014 and 2016. **District offices and committee posts:** GCNA President Elect 2018, GCNA Treasurer 2009-2011 and 2011-2013, GCNA Nominating Committee 2014, Treasurer ONA SVMC 8 years. **Position Statement:** We need to promote the year of the Nurse 2020 and can do much more to recognize nurses around the world to excel, lead, and promote success for the future. We also need to support the future of GCNA, promote Faces of Care, support wellness and a healthy lifestyle, and continue to educate nurses on chemical addiction and its effect on families, community, and the health care system.

At-Large: Sandra L Levine, RN

SON: St Luke's Hospital School of Nursing. **Present Position:** Retired. **District offices and committees:** Director Staff Nurse 2011-2018. **Position Statement:** The main issues for nurses are maintaining and increasing membership. The benefits of membership are difficult to articulate to new and experienced nurses. By strengthening the relationship of GCNA with the Student Nurses Association and by mentoring new nurses, we have the ability to impact a new generation of nurses. Our current outreach has welcomed new nurses at every district meeting and encouraged participation at all levels. I will work to support and mentor nurses within and outside of GCNA. Another area of focus is on the mature nurses who have wisdom and experience to offer as experts and leaders. As individuals, we need to encourage our coworkers, colleagues, and nurse friends to join GCNA and get involved in the future of nursing and health care.

Greater Cleveland Nurses Association
13301 Smith Road, #42234
Middleburg Heights, OH 44130
www.clevelandnurse.org

President - Meghan Ramic, MSN, RN
President-Elect - Penni Lynn Rolan, PhD (c), RN
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Director-Administration - Janet Baker, DNP, RN
Director-Administration - Martha Allen, MSN, RN
Director-Education - Anna Goldman, MSN, RN
Director-Education - Colleen Sweeney, PhD, JD, RN, CNE
Director-Staff Nurse - Leslie Cooperman, BSN, RN
Director-Staff Nurse - Janterria Matthews, DNP, RN
Director At-Large - Clare Keiser, RN
Director At-Large - Amber Miranda, BSN, RN
Executive Director - Carol Sams, MSN, RN



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Are you receiving both email and mail from GCNA?
If not, does ONA have your current contact information?
Don't miss any news!
Please update at: www.ohnurses/members/



March 19-20, 2020

Punderson Manor Resort and Conference Center
11755 Kinsman Road, Newbury Township, OH 44065
<http://ohnurses.org/wellnessconference/>

Rosemarie Hogan Senior Nursing Student Scholarship

GCNA will award one \$1000 scholarship to a nursing student in a pre-licensure RN program entering his/her final year of school. Any junior who will be a senior in good standing in the Fall of 2020 is eligible to apply. Applicants must be enrolled full-time in a SON in Cuyahoga or Geauga County, provide proof of membership in the school's Student Nurse Association, and maintain, at least a 3.0 GPA.

Contact gcna@clevelandnurse.org or 216-771-6922 for details.

Join the **Cleveland Cavaliers** for their second annual
Nurse Appreciation Night on February 29, 2020
sponsored by the **Ohio Nurse Association!**

Every ticket purchased <https://groupmatics.events/event/cavsnurse?fbclid=IwAR37piD0080sVbPUHA14-XhDkxDh-v3Eo8RegqdLPAWZt04CbLtGFyCaQAo> will include an exclusive Nurse Appreciation Night T shirt!



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